



UCC COUNSELOR

The UCC counselor on-call can be accessed 24/7 by dialing 504.865.3835 during regular office hours

(Press 1 at the voicemail prompt if after-hours or on weekends)

Reaching out isn't weak. It's strong.

If you or someone you know needs help, tell someone.

Everyone faces challenges, but sometimes difficult times can be more than you can handle by yourself. You are not alone. It's OK to ask for support for yourself or a friend in need. Sometimes it's critical. Loyola has a number of resources and services in place for this very reason—to help our campus community. The health and well-being of all of our students is our No. 1 priority. And we want to make it easy for you to take that step and get the help you need.

Reach out to any of these resources at any time:

University Counseling Center

(504) 865-3835

The UCC provides assistance to students in meeting the varied challenges of university life. Services are **free** to enrolled students:

- Personal counseling
- Group counseling
- Triage
- Case management
- Survivors Support Services Coordinator
- Crisis counseling

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Student Health Services

(504) 865-3326

Student Health is your on-campus clinic for medical care and is available to all enrolled students:

- Treatment for common illnesses
- Referrals
- Lab work

Office of Accessible Education

(504) 865-2990

OAE approves accommodations for qualified students with disabilities.

Women's Resource Center

(504) 865-3082

The WRC responds to the needs of students by fostering an environment that is free of sexism and other forms of oppression.

Student Success Center

(504) 865-2990

The SSC helps undergraduate students meet their individual, academic, and personal goals by offering a range of academic assistance:

- Tutoring
- Coaching
- Study groups
- Workshops

University Ministry

(504) 865-3226

University Ministry offers a welcoming environment and supportive services to the campus community:

- Community prayer and reflection
- Pastoral counseling
- Retreats
- Grief counseling

Grief Process Group

Grief is a personal, normal reaction to loss. But if it's driving your thoughts and emotions and making it hard to deal with your day-to-day activities, you need to talk with someone. Loyola's Grief Process Group meets weekly in the Danna Student Center. Please call the UCC at (504) 865-3835 for more information.

Behavioral Intervention Team (BIT)

The purpose of BIT is to evaluate and address student behavior that may be disruptive and/or concerning, and to coordinate university resources to promote a safe and healthy campus community.

BIT addresses concerns such as:

- Academic difficulty
- Alcohol or other drug abuse
- Changed mood/appearance
- Family emergency or illness
- Relationship concerns

Submit a BIT report: https://cm.maxient.com/reportingform.php?LoyolaUnivNO&layout_id=2

Step UP! Bystander Intervention Program

Step UP! is bystander intervention training so you'll have tools to help safely and effectively intervene in difficult situations.

- Recognize reasons why people don't intervene
- Develop intervention skills
- Build the confidence to help
- Learn to act on your values
- Help turn a crisis into a caring situation

Step UP! training is a 1.5-hour interactive program offered by Student Affairs. To request a session, email dmward@loyno.edu

Amnesty

Call (504) 865-3434, and wait for help.

If you seek medical help for yourself or someone else due to alcohol or drug use, you won't get a conduct violation. Please call emergency services, say you need assistance due to alcohol or drug use, provide the name(s) to the operator, and then stay with the person until help arrives.

Loyola University Police Department

(504) 865-3434 or 911
(from any campus phone)

Loyola University New Orleans' Public Safety Department maintains a safe environment for learning, living, and working.

Any on-campus emergency, crime in progress, suspicious circumstances, or conditions that threaten the safety or security of community members or guests of the university should be reported immediately.

Silent Witness Program

(504) 865-3434

If you see something, say something! The Silent Witness Program lets you report a crime on campus anonymously. All reports are confidential.

Submit a confidential report here:
finance.loyno.edu/police/silent-witness-form

LIFT UP LOYOLA.